

Out and About In Thwaites

July and August 2020 - Issue No 439



Please note this edition covers both July and August - Enjoy the best of our Summer and Be Safe



**This Month:
Out and About
A Big Thank You**

**Great News for
LadyHall**

**St Marys Hospice
Plant Sale**

**Community Plan -
Review**

A Few Reminders

**The Natural World In
July**

Our Local Volunteers - Quietly Working Behind the Scenes to support our Communities - We Say a Big Thank You

Over a dozen residents have been acting as community volunteers during the Covid 19 restriction period. In this time a small number of residents have been helped with a multitude of tasks that they would not otherwise have been able to achieve. Most of the help has been in the form of collecting prescriptions and shopping from Millom. However, other help has been provided and includes gardening, contacting residents who have been shielded, organising on-line shopping, contacting health professionals and social services, and identifying gardeners, cleaners, and handypeople. One of the volunteers has even been delivering delicious meals and cakes! The number of people who have needed extra help has been small but, without the neighbourliness of this community, much more help could have been requested. As lockdown restrictions ease there will still be people who will need help and for these people the community volunteer network is still available. Thank you to everyone who has been helping their neighbours

As reminder as to how local Residents can access our voluntary support:

Drop an email to oandacontact@gmail.com and provide a telephone number and your name for a volunteer to ring you back.

Ring either 01229 716720 or 01229 772512 between 9am and 5pm. Please leave a message and we will get back to you

COVID-19 EMERGENCY SUPPORT HELPLINE

Only for people at high risk of becoming seriously ill as a result of COVID-19, who do not have support available from friends, family or neighbours and are struggling for food, medicines or other essential supplies.

0800 783 1966 or COVID19support@cumbria.gov.uk

Full details can be found online at cumbria.gov.uk

Provided by Cumbria County Council and partners including District Councils, CVS, Cumbria Community Foundation, community and voluntary sector, and private sector.



SUPPORT EACH OTHER
#TogetherWeCan

Great News for LadyHall



GREAT NEWS!!!!No, this isn't a misleading photo caption - fibre broadband is on its way to Lady Hall. After years of being a bit of a blot on the internet landscape work has begun to install the infrastructure for a "Full Fibre" extension to Lady Hall. The current phase of work will take around two weeks and include erecting some new poles supplemented by a section of underground cable. The service should be up and running soon after. The Parish Community Plan has been addressing some of the issues and residents concerns regarding broadband availability and the local mobile phone service and details of progress and plans are contained in the updated version of the report (available via a link lower down on this page). As the Covid-19 restrictions ease we will be starting to implement a number of initiatives from the Community Plan and we'll be trailing some of the projects on the Facebook page. Please respect the Road Closed and Diversion signs to avoid traffic difficulties for the Lady Hall residents and construction staff while the work goes on.

Plant Sale for St Mary's Hospice - Delivered Safely

Many thanks for supporting the charity plant sale at The Hill in aid of the hospice. We really appreciated you turning out to make the event such a success and reward our efforts in growing plants for the last 12 months and organising the sale. A big thank you to everyone who donated plants: we know

that this is a long term effort that takes many months to come good. And to everyone who donated books and eggs and all the other surprise items that appeared during the 3 day sale! And thank you to everyone who came and spent money: we raised over £1400 which was astonishing to us and is a measure of the community support for St Mary's. We wanted the money to go to a good cause and it seems as though you all agreed with us so again many many thanks!

Area Fundraiser Clare Paling says:

'We are thrilled to receive this money – as always our community have been inventive about fundraising while adhering to social distancing guidelines and this is a brilliant example of what can be achieved. Other examples we have seen include neighbourhood or on-line bingo and quizzes, sponsored walks and bike rides as well as virtual open gardens and cake competitions! We are so lucky that even a global pandemic can't deter our fundraiser from safely supporting St Mary's and we are grateful for every penny raised'.

Again, our thanks for turning out and supporting the plant sale
Sally, Sue, Helen & Lesley



Community Plan Review



Link to review of community plan:
<http://millomwithoutparishcouncil.com/community-plan/4594387276>

The Community Plan was issued in May 2019 and the updated action plan has been released (look out for details below for the link to the Parish Council Website). Events of the past few months have curbed some of the activities identified in the action plan but progress has been made where possible and the Parish Council will be using our Facebook page during the forthcoming weeks to highlight some of the work which has been completed along with on-going activities for all the areas we're still working on. A wide range of issues and opportunities are being progressed including telecommunications, footpaths and cycle ways, utility infrastructure, recreation, exercise and tourism. The plan was a snapshot of our community's thoughts, experiences and aspirations at the time the research was carried out but the plan will continue to evolve as circumstances and ideas move forward, so we're still looking for people to engage, comment and most of all participate in helping us achieve the goals which were initially set out. Parish Council meetings are available for public participation, albeit remotely using telephone conferencing at the moment and should anyone wish to take part the Clerk can be contacted via the Facebook page or parish council website www.millomwithoutparishcouncil.com, where details of minutes and other documents can also be found.

A message of thanks from Kirsty at The Bull Pen

My heartfelt thanks to all our kind friends and neighbours for your practical help - your flowers, grass-mowing, baking, telephoning, calling in, and letters and cards after Brian's sudden death. Your expressions of sadness and sympathy have been a great support. Brian would have been touched by your love and presence along the lane on his final journey. Even the bantams lined up at the field gate to see him go by. Thank you, everyone.

Thwaites Village Hall 100 Club - June Winners

1st	No 123	Keith Monk	£30.00
2nd	No 84	Findlay Family	£15.00
3rd	No 100	Vikki Pogrel	£10.00
4th	No 55	Malcolm Sewell	£10.00

The Hill Village Hall 100 Club - June Winners

1st	£50	Colin Mc Donald	55
2nd	£20	Louise Falconer	102
3rd	£20	Lesley Mallard	53
4th	£20	Alan Moore	106
5th	£10	Jill Marlton	125
6th	£10	Howard Proctor	48
7th	£10	Eddie Overton	10

A Few Reminders Over Summer

Thwaites Village Hall



We welcome residents to use the open space and playing fields – but we want you to do this safely, thoughtfully and to care for our community.

So please:

- 1** Observe the 2 metre social distancing rule
- 2** Remember to wash your hands on your return home and / or use hand sanitizer
- 3** Please stay in your family group or meet with just one member from another household



Lets protect our community – stay safe

Thwaites Village Hall Management Committee

A Reminder of the use of Village Hall Playing Fields

The Silent Solution system enables a 999 mobile caller who is too scared to make a noise, or speak, to press 55 when prompted – to inform police they are in a genuine emergency.



#COVID19

NPCC



The Silent Solution

Beware Scammers

How to deal with scam texts and emails

Don't click on the links or attachments in suspicious emails, and never respond to messages that ask for your personal or financial details.



The Natural World in July - in our beautiful area

As gardens and hedgerows are in full summer bloom July is a good time to notice the insect life enjoying the abundance in our parish. Bees and butterflies are busy visiting flowers to collect pollen and drink nectar from them. You will notice they prefer the simpler single flowers such as shrub roses, rather than the double flowered plants bred for our gardens, also the flat heads of umbellifers such as hogweed and wild carrot and the tubular flowers of foxgloves. Butterflies are particularly attracted to buddleia bushes, a fine example of which has just come into flower by the bridge. The other most noticeable insects at this time are dragonflies and damselflies, usually seen around water and boggy areas. They vary in size and colour from the large Emperor Dragonfly and Golden Ringed Dragonfly to the more delicate Common Blue Damselfly and the Beautiful Demoiselle. They are very speedy and acrobatic flyers skimming over the surface of the water. If you watch and look carefully at flowers and amongst vegetation you may also see many kinds of beetles, some with colourful, shiny jewel-like bodies, as well as all manner of other insects.



On still warm nights you can improvise a moth 'trap' by hanging up a white sheet and shining a torch onto it to see what moths you can attract.

Find out about the 'Get Cumbria Buzzing Project' including help with identification and activities you can join in with on 1 st and 17 th July when you can use your phone to photograph butterflies and pollinators in your garden or on a local walk and upload these photos to the county records. Between 9.30am and 4.30pm experts will be on hand to identify the species from your photos.



<https://www.cumbriawildlifetrust.org.uk/getcumbriabuzzing>

Kinds thanks go to Sandra Kruger for producing this article and photographs

