

# GREEN DOCTOR Cumbria

South Lakeland ● Barrow-in-Furness ● South Copeland



GREEN  
DOCTOR



Green Doctor Cumbria is a **FREE** service providing bespoke home energy advice and simple energy saving measures.

The service aims to help reduce energy costs, improve health and wellbeing, promote behaviour changes and create warmer homes.

[www.groundwork.org.uk](http://www.groundwork.org.uk)



[facebook.com/GroundworkCumbria](https://facebook.com/GroundworkCumbria)

Book a call  
or home visit  
using the  
information  
below:



## We can help if **any** of the following apply:

- A household with someone under 5 or over 65.
- In debt or struggling to pay fuel or water bills.
- Low income.
- Living with physical or mental health issues.
- Receiving benefits.
- Homeowner or tenant facing poor housing conditions.



<http://GreenDoctorCumbria.info>



01229 486430



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# GREEN DOCTORS CAN HELP YOU TAKE CONTROL OF YOUR FUEL BILLS



## **FREE** Energy saving measures

Easy to install measures that will help reduce bills.



## Debt and billing advice

Advice on fuel or water debt and help with billing or metering problems.



## Energy efficiency and heating controls guidance

Helpful hints and tips that can save energy, water and money.



## Advice on reducing damp or mould

Suggestions on the causes and how to remedy unhealthy damp or mould.



## Check your energy tariff

Is there a tariff available to you which will save you money?



## Home improvement advice

Information on grants available to improve energy efficiency and comfort.



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