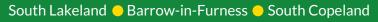
GREEN DOCTOR **Cumbria**









Green Doctor Cumbria is a FREE service providing bespoke home energy advice and simple energy saving measures.

The service aims to help reduce energy costs, improve health and wellbeing, promote behaviour changes and create warmer homes.

www.groundwork.org.uk



facebook.com/GroundworkCumbria

Book a call or home visit using the information below:









We can help if any of the following apply:

- A household with someone under 5 or over 65.
- In debt or struggling to pay fuel or water bills.
- Low income.
- Living with physical or mental health issues.
- Receiving benefits.
- Homeowner or tenant facing poor housing conditions.



http://GreenDoctorCumbria.info



01229 486430



GREEN DOCTORS CAN HELP YOU TAKE CONTROL OF YOUR FUEL BILLS











- FREE Energy saving measures

 Easy to install measures that will help reduce bills.
- Debt and billing advice

 Advice on fuel or water debt and help with billing or metering problems.
- Energy efficiency and heating controls guidance
 Helpful hints and tips that can save energy, water and money.
- Advice on reducing damp or mould Suggestions on the causes and how to remedy unhealthy damp or mould.
- Check your energy tariff
 Is there a tariff available to you which will save you money?
- Home improvement advice Information on grants available to improve energy efficiency and comfort.

