

Calling ramblers, walkers and runners!

Do you want to be involved in launching the England Coast Path between Whitehaven and Silecroft?

Be part of the opening event by being one of the first to officially use the route on opening day, as long or short a distance as you would like to go. To take part you will need to:

- Be available on the day rights come into place to use the route any time of the day you fancy!
- Get out there and have a walk, but take your phone with you, because we want you to tell us about it with a short film or photos of your journey! We want to see where you have been, the views and the countryside you passed through on this section of the England Coast Path and to hear about your trips.

We will then put these together on the National Trails website to mark the event and show the world what a wonderful coastline we have here! Not to mention the wonderful people who live here.

Our aim is to illustrate as much of the route as possible between Whitehaven and Silecroft, and with your involvement we feel we could achieve this.

If you would like to journey and record a part of the path near you, let us know. The event will take place on a weekday late January / early February, so bear the weather in mind when considering how far you could go, and remember you will need to come back again!

Let us know you are interested by the end of Sunday 13th December, and roughly how many would be in your group, and which part of the England Coast Path between Whitehaven and Silecroft you would like to walk/run. Also let us know a postal address for your group that we can send the information pack to. We will get back to you by Friday 8th January with a pack of maps, helpful information to make your trip safe & successful, tips on filming and details of the official opening date on which you should undertake your pioneering journey!

Key facts

- This is our third stretch of the England Coast Path to open in the north west and 14th to open around the country.
- Our national map shows our current progress with implementing the England Coast Path: <https://www.gov.uk/government/publications/england-coast-path-overview-of-progress>
- We will be publishing proposals for the final stretch of coast in the north west in December.
- Open sections of the trail can be viewed on the [National Trails website](#) to help plan a walk on the England Coast Path, and businesses offering services to walkers can add their details for free.
- The England Coast Path should bring money to coastal communities. Statistics relating to coastal visitors are taken from the Natural England report entitled 'The

economic and health benefits of walking on English coastal paths: a baseline for future evaluation (NE CR 283)', available at

<http://publications.naturalengland.org.uk/publication/6476962745024512?category=50007>